

SOUTHERN
WITH A *French* TWIST

Prepared Meal Delivery Sample Menu

BREAKFAST

Waffles and Strawberries

served with maple syrup

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Quiche Lorraine

served with fruit cups

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Biscuit Breakfast Sandwiches

served with greek yogurt and lemon curd

Prepared Meal Delivery Sample Menu

LUNCH

Sirloin Steak Salad

made with mixed greens, grapes, blue cheese,
pecans and an apricot vinaigrette

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Chef's Salad

served with chicken and gouda

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Fig Salad

made with mixed greens, goat cheese, candied
pecans and a balsamic vinaigrette

Prepared Meal Delivery Sample Menu

DINNER

Sausage and Grits Stuffed Peppers

served with a side salad

Chicken Coconut Curry Quinoa

served with sauteed snap peas

Apple Chutney Pork Tenderloin

served over mashed potatoes and sauteed brussel sprouts